



Welcome to Summer Explorers 2021, we are looking forward to sharing this time with your child(ren). The following are items needed to ensure your child has the best time at summer camp.

- Apply sunscreen to your child before camp. We will reapply throughout the day.
- Your child should wear their swimsuit under their clothing daily.
- Bring a backpack with a change of clothes including socks and underwear as well as a towel.
- Children should wear comfortable clothes and shoes that can get wet and messy.
- Bring a labeled water bottle.
- Lunches must be peanut/nut free.\*
- Children 4.5 and younger need to bring a crib sheet and blanket for rest/nap.
- Please label all of your child's belongings and do not let your child bring items to camp.
- New families to the preschool and kindergarten are required to fill out emergency information and turn in a medical statement and immunization record; they must be signed by a physician. A permission for sunscreen is also needed. These forms can be found on our website [www.abidinghopeschool.org](http://www.abidinghopeschool.org) under the enrollment tab.
- Families who currently attend Abiding Hope need to fill out a summer emergency contact form and update any changes in information that we currently have on file, including an updated medical statement and immunization record. A permission for sunscreen is also needed. These forms can be found on our website [www.abidinghopeschool.org](http://www.abidinghopeschool.org) under the enrollment tab.
- Children that have allergies or need medication must have a health plan that is signed by the doctor. Any medication needs to come in the original container and be at camp by the first day your child attends. The physician must sign all forms before the child can attend camp. We have a school nurse who visits and she will be checking all health plans, medical paperwork, and meds. You can have your doctor fax paperwork (health plans, medical statement, and immunization) to 303.972.0424.
- Dolphins, Sharks and Whales participating on walking field trips should have their lunch, labeled water bottle and towel in their own backpack. Please do not send toys, money, or valuables in their backpacks. They also need a walking field trip permission filled out by the first day of camp.

\*\*Many children have food allergies related to peanuts/nuts and by-products of peanuts/nuts. Please avoid these items to ensure the safety of all of our children. Also, check ingredients for traces of peanuts and nuts and/or processed in a facility with nuts. If your child eats peanut butter sandwiches, please use soy or sunflower butter and label the item as such. If you would like lunch ideas, please ask! If a child brings a food that is in question, we will substitute a nut free food. If your child has severe food allergies, your child will need to bring his/her own snack.

We are looking forward to seeing you!

If you have any questions please call school office 303-932-9160 X2 or send an email to [janice@abidinghope.org](mailto:janice@abidinghope.org)