

Revised Covid Policy for 2022-2023 School Year

Current COVID-19 level for Jefferson County is low.

Abiding Hope Schools have put in place a core set of infectious disease prevention strategies as part of our normal operations.

Though this guidance is written for COVID-19 prevention, many of the layered prevention strategies described in this guidance can help prevent the spread of other infectious diseases, such as influenza (flu), respiratory syncytial virus (RSV), and norovirus, and support healthy learning environments for all.

Public health agencies are asking people to monitor their own health and for students and staff to use testing resources regularly or consult with their health care provider if symptomatic. Individuals can then use that information to make decisions and act in ways that are best for them, their family members, colleagues, classmates, and neighbors. To keep yourself informed, you can continue to check the Jefferson County Public Health and the CDC websites:

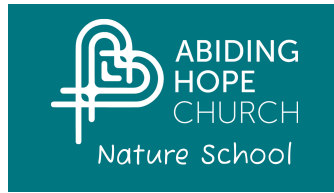
<https://www.jeffco.us/3999/Coronavirus-Disease-2019-COVID-19> .

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html>

Below we are clarifying our guidance, around isolation and quarantines, testing, new JCPH guidelines, and what's next. We remain firmly committed to the health and well-being of our school community and thank you for your partnership in this extraordinary effort.

Strategies for everyday operations:

- **Stay up-to-date on vaccinations.**
- **Stay home when sick.**
- **Optimize ventilation indoors.**
- **Use effective hand-washing and respiratory etiquette.**
- **Follow recommended procedures for cleaning, sanitizing and disinfection in classrooms and bathrooms, and other locations where children gather.**
- **Track of Covid-19 community levels.**
- **Masks are not required, however anyone who chooses to wear a mask will be supported in their decision to do so.**



Management of cases and exposures:

- **Positive COVID Test and/or COVID Symptomatic**
 - **Stay home (isolate) for 5 days minimum from symptom onset.**
 - Day 0 is considered the date of either symptom onset or the date of the positive test collection or exposure.
 - **If you had no symptoms, you may end isolation after day 5.**
 - **If you have symptoms, and they are improving, you may end isolation after day 5 if you are fever free for 24 hours (without the use of fever-reducing medication).**
 - **If your symptoms are not improving, continue to isolate until**
 - You are fever-free for 24 hours (without the use of fever-reducing medication).
 - Your symptoms are improving.
 - **After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving),**
 - **Wear your mask through day 10**
 - **Or, with a negative test, you may remove your mask sooner than day 10.**
- **Exposed to COVID and Unvaccinated or Vaccinated**
 - **Attend school/work so long as not COVID-19 symptomatic.**

We strongly encourage everyone in our community to consider the most vulnerable among us (those most at risk for serious illness) and act in ways that safeguard their well-being. Please leverage testing resources —through your healthcare provider if you are symptomatic regardless of your vaccination status—to make informed decisions.

Testing

Anyone who thinks they might have COVID-19 should get tested. Students and staff members who are symptom free can go to a local for surveillance testing. We are not offering testing for symptomatic individuals due to the exposure risk that presents to students and staff in our facilities. Please note we do not currently have kits to distribute. Please click link for information on Covid 19 test to treat program: <https://covid19.colorado.gov/getting-covid-19-treatment>